



GREAT PRICES You'll Love!

Value Pack Boneless Ribeye Steak

\$4.99 lb.

Without MVP Card Regular Retail

3 Ounce Cold Water Lobster Tails **\$3.99**

Without MVP Card \$4.99

Happy Valentine's Day!

Dozen Long Stem Roses

\$19.95

Everyday Low Price

Value Pack Holly Farms Drums

99¢ lb.

Without MVP Card \$1.29

Value Pack Holly Farms Chicken Thighs

89¢ lb.

Without MVP Card \$1.19

BUY ONE, GET ONE FREE

Limit 2 Free

Food Lion Extra Jumbo Raw Shrimp

16 Ounce 16/20 Count

Without MVP Card \$13.99 Each

Premium, 1 Dozen Rose Arrangement

\$29.95

Everyday Low Price

Select Varieties Food Lion Fresh Deli Turkey Breast or Ham

\$3.99 lb.

Without MVP Card \$5.49

White or Yellow Food Lion American Cheese

\$3.49 lb.

Without MVP Card \$5.49

BUY ONE, GET ONE FREE

Limit 2 Free

Kellogg's Cereals

17 Ounce Frosted Flakes, 15 Ounce Rice Krispies or 11.8-18 Ounce Rice Size Frosted Mini-Wheats

Without MVP Card Regular Retail

6 Mega Roll Scott Paper Towels

\$4.99

Without MVP Card \$7.99

All Valentine Plush and Novelties

50% off

Without MVP Card Regular Retail

12 Pack, 12 Ounce Cans or Bottles Budweiser Family

\$7.99

Beer and wine may not be available in all locations. Check your store for availability.

12 Pack, 12 Ounce Cans Select Varieties Food Lion Sodas

3/\$9

Without MVP Card Regular Retail

12 Pack, 12 Ounce Cans Select Varieties Food Lion Sodas

4/\$10

Without MVP Card \$2.95 Each

9 Mega, 12 Double or 24 Single Rolls Select Varieties Angel Soft Bath Tissue

\$5.99

Without MVP Card \$6.79

6 Count or 2 Bite Select Varieties Cupcakes

2/\$5

Without MVP Card Regular Retail

12 Count Select Varieties Cupcakes

\$5.99

Without MVP Card Regular Retail

2 DAY SALE Sat & Sun

With additional \$25.00 purchase excluding these items.

Boneless Half Pork Loin **\$14.77 lb.** Limit 2 Pkgs. Without MVP Card \$3.99

9-6-18 Ounce Select Varieties Nabisco Oreo Cookies **BUY ONE, GET ONE FREE** At Regular Retail. Without MVP Card \$3.99 Each

Rest of Week Price... \$2.99

While Supplies Last. No Rainchecks.

Good neighbors. Great prices.
Week of 02/10/10 - 02/16/10

10/\$10

5.2-9.2 Ounce
Select Varieties
Hamburger Helper

Without MVP Card Regular Retail

ANY 2... \$3.99

50 Ounce
Select Varieties
Wisk Laundry Detergent

50 Ounce
Select Varieties
All Liquid Detergent

22 Ounce
Select Varieties
Clorox 2 Bleach

Or

50 Ounce
Select Varieties
Home 360 Fabric Softener

Without MVP Card Regular Retail

...AND RECEIVE FREE

When You Use Your MVP Card

82-96 Ounce
Select Varieties
Clorox Bleach

Limit 1 reward per transaction

Without MVP Card \$1.99 Each

2/\$5

8 Pack, 12 Ounce Bottles
Select Varieties
Coke Products

Without MVP Card Regular Retail

99¢

2 Liter
Select Varieties
Coke Products

Without MVP Card Regular Retail

\$3.99

4 Pack, 16 Ounce Bottles
Select Varieties
Glaceau Vitamin Water

Without MVP Card Regular Retail

\$2.99

24 Pack, 16.9 Ounce Bottles
Food Lion Purified Drinking Water

Without MVP Card Regular Retail

2/\$4

45 Ounce
Select Varieties
Ragu Spaghetti Sauce

Without MVP Card \$3.19 Each

\$2.69

17-18 Ounce
Select Varieties
Food Lion Creme-O's Cookies

Without MVP Card \$2.99

FREE

15-16 Ounce
Select Varieties
Zesta Crackers

Without MVP Card \$3.19 Each

53¢

10.5-10.75 Ounce - Select Varieties
Food Lion Chicken Noodle or Tomato Soup

Without MVP Card \$1c

\$8.99

19-50 Count
Select Varieties
Pampers Diapers

Without MVP Card \$10.99

\$6.99

22-56 Count - Select Varieties
Home 360 Diapers

Without MVP Card \$7.99

\$7.99

17.6 Lb.
Gravy Train Dog Food

Without MVP Card \$9.49

2/\$5

3.5 Ounce - Select Varieties
Waggin Train Dog Treats

Without MVP Card \$3.49 Each

SAVE \$10 when you buy 10 of these participating Quaker and/or Tropicana products in a single transaction. Limit one reward per transaction.

\$2.99 21-22 Ounce
Quaker Cap'n Crunch and Life Cereal

Without MVP Card Regular Retail

\$2.99 6.3-10.4 Ounce
Select Varieties
Quaker Chewy, or Fiber & Omega Bars

Everyday Low Price

\$2.99 9 Ounce
Quaker Quisp

Everyday Low Price

\$2.99 24 Ounce
Select Varieties
Aunt Jemima Syrup

Without MVP Card \$3.29

\$4.79 89 Ounce
Select Varieties
Tropicana Juice

Everyday Low Price

\$3.99 18 Count - Value Pack
Select Varieties
Quaker Chewy Bars

Everyday Low Price

\$2.99 12.6 Ounce
Select Varieties
Quaker Oatmeal To Go

Everyday Low Price

\$2.99 7.5-15.4 Ounce - Select Varieties
Quaker Fruit & Oatmeal Bars or Bites

Everyday Low Price

\$4.99 18 Count - 25 Ounce
Select Varieties
Quaker Instant Oatmeal

Everyday Low Price

\$2.89 64 Ounce
Select Varieties
Dole Juice Blends

Everyday Low Price

\$2.99 11.2-11.4 Ounce - Select Varieties
Quaker Instant Oatmeal

Without MVP Card Regular Retail

\$3.75 42 Ounce - Select Varieties
Quaker Quick Oatmeal

Everyday Low Price

\$2.19 32 Ounce
Assorted Varieties
Aunt Jemima Pancake Mix

Everyday Low Price

Sloppy Joe Night Quick & Easy

10/\$10 15 Ounce
Del Monte Sloppy Joe Sauce

Without MVP Card \$1.49 Each

\$1.17 8 Count
Food Lion Hamburger Buns

Everyday Low Price

4/\$5 8 Ounce
Select Varieties
Wish-Bone Salad Dressing

Without MVP Card \$1.89 Each

3/\$5 5 Ounce - Select Varieties
Fresh Gourmet Croutons

Without MVP Card \$1.99 Each

2/\$4 2 Ounce
Hormel Bacon Bits or Pieces

Without MVP Card \$2.19 Each

Beverages

\$11.99 18 Pack, 12 Ounce
Cans or Bottles
Michelob Ultra

\$5.99 12 Pack
13 Ounce Cans
Milwaukee's Best

\$12.99 12 Pack, 12 Ounce Bottles
Blue Moon or Stella Artois

\$7.49 6 Pack
12 Ounce Bottles
Samuel Adams

\$10.99 750 ML, Select Varieties
Kendall-Jackson Vintner's Reserve

\$7.99 750 ML, Select Varieties
Dancing Bull or Red Diamond

2/\$12 750 ML, Select Varieties
Cook's

\$10.49 750 ML, Select Varieties
Korbel

\$7.99 750 ML, Select Varieties
Barfoot Bubbly or Woodbridge Sparkling Brut

Beer and wine may not be available in all locations. Check your store for availability.

fresh Deli & Bakery



Cakes of the Week!

Double Layer
Red Velvet or
Chocolate Truffle

\$7.99

Without MVP Card \$8.99



\$1.00
OFF

Select Varieties
Cheesecakes

Without MVP Card Regular Retail



\$5.99

Select Varieties
Single
Layer Cakes

Without MVP Card \$6.99

12 Count
Select Varieties
Cupcakes

\$5.99

Without MVP Card
Regular Retail



2/\$5

4 Count
Select Varieties
Bagels

Without MVP Card \$2.99 Each



2/\$5

Freshly Baked, All Natural
Select Varieties
Artisan Breads

Without MVP Card Regular Retail

8.3 Ounce
Select Varieties
DeLallo Dipping Oils

\$7.59

Everyday
Low Price



2/\$6

6 Ounce
The Laughing Cow Wedges

Without MVP Card \$3.99 Each

Home Meal Solutions



\$5.99

10 Piece - Hot
Dark Meat
Fried Chicken

Without MVP Card \$6.99



2/\$6

Select Varieties
Bistro Bowl Salads

Without MVP Card \$3.99 Each



\$5.29

3 Lb.
Select Varieties
Food Lion
Deli Salads

Without MVP Card \$6.29

Dairy & Frozen



2/\$5

126 Ounce or 8 Pack
California or Citrus Punch
Sunny D

Without MVP Card \$3.49 Each



2/\$5

16-16.5 Ounce
Select Varieties
Pillsbury Ready To
Bake Cookie Dough

Everyday Low Price



FREE
Limit 2 Free

12 Ounce
PictSweet
Steam'ables

Without MVP Card \$2.99 Each



2/\$6

48 Ounce
Select Varieties
Edy's Ice Cream

Without MVP Card \$5.39 Each



3/\$5

6-8 Ounce
Select Varieties
Food Lion Shredded,
Chunk or Cubed Cheese

Without MVP Card \$2.49 Each



2/\$6

32 Ounce
Select Varieties
Coffee-mate
Flavored Creamer

Without MVP Card \$2.49 Each



5/\$10

6.5-9 Ounce
Select Varieties
Hot or Lean
Pockets

Without MVP Card Regular Retail



2/\$10

12 Inch
Select Varieties
Freschetta or
Pizzamore Pizza

Without MVP Card \$6.99 Each



2/\$4

7.5-16 Ounce
Soft, Sticks or Spray
I Can't Believe
It's Not Butter!

Without MVP Card \$2.79-\$2.99 Each



\$2.69

6 Pack
Refrigerated
Jell-O Pudding Cups

Without MVP Card \$2.99



\$1.88

20-32 Ounce
Select Varieties
Food Lion Fries

Without MVP Card \$2.39



5/\$10

10-16 Ounce
Select Varieties
Birds Eye Premium
Vegetables or Blends

Without MVP Card \$2.79 Each

Health & Beauty



\$2.99

4.25-32 Ounce
Select Varieties
TRESemmé Shampoo,
Conditioner or Styling

Without MVP Card \$4.09



\$3.99

16-24 Ounce
Select Varieties
Dial, Tone or
Coast Body Wash

Without MVP Card \$4.34



2/\$4

1 Count - 6.4 Ounce
Select Varieties
Crest Toothpaste or Oral-B
Indicator Toothbrush

Without MVP Card Regular Retail



2/\$6

14-64 Count
Select Varieties
Kotex Pads,
Tampons or Liners

Without MVP Card Regular Retail

Introducing!

High quality products
at a Great value.

A Food Lion Brand

HOME 360

cool products. hot prices.



2/\$6

3.5 Lb.
Select Varieties
Home 360
Healthy Mix
Dog Food

Without MVP Card \$3.99 Each



\$4.49

4 Lb.
Select Varieties
Home 360
Pet Kibbles

Everyday Low Price



2/\$5

80 Count
Select Varieties
Home 360
Dryer Sheets

Without MVP Card \$3.04 Each

quality

Meats & Seafood



\$3.29
lb.

Bottom Round Roast or Value Pack Steaks
Without MVP Card \$4.59



\$3.29
lb.

Value Pack Cube Steak
Without MVP Card \$4.09



\$2.99
lb.

Value Pack Bone-In Beef Short Rib
Without MVP Card \$3.69



99¢
lb.

Holly Farms Grade A Whole Fryers
Without MVP Card \$1.29

Holly Farms Whole Cut-Up Fryers

\$1.19
lb. Without MVP Card \$1.65



\$2.49
lb.

Fresh - Value Pack Bone-In Assorted Pork Chops
Without MVP Card \$2.69

Fresh Center Cut Pork Chops

\$3.49
lb. Without MVP Card \$3.99



\$3.49
lb.

Whole Pork Tenderloin



\$7.99

16 Ounce
Chicken of the Sea Crab Meat
Without MVP Card \$8.99



\$4.99
lb.

Fresh
Ocean Perch Fillets
Without MVP Card Regular Retail



FREE
Limit 2 Each

16 Ounce
Sail Sea Scallops
Without MVP Card \$15.99 Each



2/\$6

16 Ounce
Hormel Black Label Bacon
Without MVP Card \$4.99 Each



2/\$6

7-9 Ounce
Select Varieties
Oscar Mayer Deli Fresh Shaved Lunch Meats
Without MVP Card \$3.99 Each



2/\$5

16 Ounce
Food Lion Beef Franks
Without MVP Card \$3.67 Each



2/\$3

16 Ounce
Mild or Hot
Jamestown Brand Roll Sausage
Without MVP Card \$1.99 Each



FREE
Limit 2 Each

2.5 Lbs., Individually Quick Frozen Boneless, Skinless
Food Lion Chicken Breasts
Without MVP Card \$12.99 Each



FREE
Limit 2 Each

17 Ounce
Select Varieties
MaMa Rosa's Mini Pizzas
Without MVP Card \$3.49 Each



5/\$3

2 Ounce
Select Varieties
Carl Buddig Wafer Lunch Meats
Without MVP Card 79¢ Each



4/\$5

4.15-5.35 Ounce
Select Varieties
Oscar Mayer Lunchables
Without MVP Card \$1.99 Each

fresh Produce



\$9.99

Cut Tulips in a Bag
Everyday Low Price

\$1.69
lb.

Seedless Chilean
Red Grapes
Without MVP Card \$1.99



\$2.99
ea.

Large, Sweet
Del Monte Gold Pineapples
Without MVP Card \$3.99



\$2.99

16 Ounce
Del Monte Pineapple Chunks
Without MVP Card \$3.49



89¢
ea.

Jumbo
Red Grapefruit
Without MVP Card \$1.19



\$1.69
lb.

Broccoli Crowns
Without MVP Card \$2.29



\$1.99
lb.

Imported Premium, Full Flavor
Hot House Tomatoes
Without MVP Card \$2.99



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We reserve the right to limit quantities and correct typographical errors. Flair checks unavailable on alcohol and tobacco products.

All Stores Accept

Prices in this ad good at stores conveniently located in these cities:

Ayden, Columbia, Farmville, Greenville, LaGrange, Kinston, Plymouth, Robersonville, Snow Hill, Wallace, Windsor, Winterville, Williamston

* Colstar and Western Union Available At Many Stores
* Deli/Bakery Items May Not Be Available At All Stores
* Sale Begins Wednesday at 6 AM in 24 Hour Stores