



Good Neighbors. GREAT PRICES!



Value Pack
Fresh
**Ground
Chuck**

\$1.68
lb.

Without MVP Card Regular Retail



\$1.99
lb.

Value Pack
Assorted Pork Chops

Without MVP Card \$2.99



\$4.99
ea.

Available in the Deli
**Rotisserie Style or 8 Piece
Fried Chicken or 3 Lb. Salads**

Without MVP Card Regular Retail



97¢
lb.

Split Chicken Breasts

Without MVP Card \$2.39



99¢
lb.

Seedless
Green Grapes

Without MVP Card \$1.99



3/\$10

12 Pack - 12 Ounce Cans
Select Varieties
Coke Products

Without MVP Card Regular Retail

12 Pack - 12 Ounce Cans
Select Varieties
Food Lion Soda

4/\$10 Without MVP Card \$2.99 Each



FREE
Limit 2 Free

48 Ounce
Select Varieties
Edy's Ice Cream

Without MVP Card \$5.99 Each



FREE
Limit 2 Free

8.7 Ounce Apple Jacks,
16 Ounce Frosted Flakes,
8.7 Ounce Frost Loops or
7.2 Ounce Corn Pops
Kellogg's Cereals

Without MVP Card Regular Retail



99¢

Not Available in All Stores
20 Ounce

Food Lion Whole Grain White Bread

Without MVP Card \$2.19



99¢

Dozen
Food Lion Large White Eggs

Without MVP Card Regular Retail



2/\$4 Without MVP Card \$2.99 Each

Food Lion Bacon

3 DAY SALE!

Starts
Friday
at 8 a.m.



\$3.99
Limit 4

9 Large Rolls
Charmin Bath Tissue

Rest of Week

\$4.99

Without MVP Card \$5.99

79¢
Limit 4

Single Roll
**Bounty Basic
Paper Towels**
Or 60 Count
Ultra and Plus Cube
Puffs Tissue

Rest of Week

99¢

Without MVP Card Regular Retail



99¢
Limit 4

20 Ounce Raisin Bran,
17 Ounce Frosted Flakes or
12 Ounce Crispy Rice
Food Lion Cereals

Rest of Week

\$1.99

Without MVP Card \$2.49



50¢
Limit 4

Rest of Week

69¢

Without MVP Card \$1.19

Week of 08/26/09 - 09/01/09

<http://www.hotcouponworld.com>

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AQUAFINA
24 Pack, .5 Liter Bottles
Aquafina
Without MVP Card Regular Retail

\$5⁹⁹

Buy Two (2) Aquafina 24 Pack .5 Liter Bottle Cases
Get One (1) Aquafina Flavorplash 4 Pack, .5 Liter Bottles
FREE

RITZ
12-16.5 Ounce Select Varieties
Ritz Crackers
Without MVP Card \$3.99 Each

BUY ONE, GET ONE FREE
Limit 2 Free

Budweiser
24 Pack, 12 Ounce Cans
Budweiser Family
Beer and wine may not be available in all locations. Check your store for availability.

\$13⁹⁹

4/\$5
2 Liter, Select Varieties
Coke Products
Without MVP Card Regular Retail

4/\$9
4 Pack, 4 Ounce Select Varieties
Del Monte Fruit Bowls
Without MVP Card \$2.88 Each

5/\$5
20 Ounce, Select Varieties
Glaceau Vitamin Water
Without MVP Card Regular Retail

4/\$10
12 Pack - 16.9 Ounce Green or Peach
Lipton Tea
Must Buy 2, Limit 4, Purchase of 1 or more than 4, retail \$3.99
Without MVP Card \$7.48 Each

FREE
Limit 2 Free

8 Regular or 10 Mini Packs Select Varieties
Ovillo Redenbacher's Popcorn
Or 10 Pack Select Varieties
Pop-Secret Popcorn
Without MVP Card Regular Retail

\$8⁹⁹
Jumbo Pack, Select Varieties
Pampers Diapers or Easy Ups
Without MVP Card \$11.94

PURCHASE... \$6⁹⁹
4 Pack 3.3 Ounce Real Bull Energy Low-Fat
...& RECEIVE FREE
4 Pack 16 Ounce Blue Streak Energy Drink
Without MVP Card \$15.49 Each

10/\$10
4-7-2 Ounce Select Varieties
Rice A Roni or Pasta Roni
Without MVP Card 4/\$5.99

FREE
Limit 2 Free

7-7.5 Ounce Select Varieties
Martha White Muffin Mix
Without MVP Card \$9.94 Each

2/\$4
128 Ounce Select Varieties
Hawaiian Punch
Without MVP Card \$2.79 Each

FREE
Limit 2 Free

4 Count AAA, AA, 2 Count C or D or 1 Count B Volt
Home 360 Batteries
Without MVP Card \$2.29 Each

\$10⁹⁹
17.5 Lb. Bag Select Varieties
Kibbles 'n Bits Dog Food
Without MVP Card \$13.49

\$4⁹⁹
24-32 Loads (50 Ounce) Select Varieties
Gain Laundry Detergent
Without MVP Card \$6.99

3/\$5
4 Pack, 5.1 Ounce Select Varieties
9 Lives Cat Food
Without MVP Card \$1.67 Each

\$6⁹⁹
8 Rolls
Bounty Paper Towels
Without MVP Card \$8.97

\$29⁹⁹
126 Count
Huggies Club Pack
Without MVP Card \$11.39

5/\$5
2 Pack, 7 Ounce Select Varieties
Gerber 2nd Foods
Without MVP Card \$1.69 Each

\$5²⁰
5 Ounce
Ultra Clorox Bleach
Without MVP Card \$1.09

\$23⁹⁹
25.7 Ounce
Enfamil Powder
Without MVP Card \$25.99

\$5⁴⁹
240 Count
Home 360 Baby Wipes
Without MVP Card \$6.77

10/\$4⁵⁰
8 Ounce - Select Varieties
Beech Nut Stage 2 Baby Food
Without MVP Card \$4.50

\$12⁹⁹
25.7 Ounce
Food Lion Formula
Without MVP Card \$16.49

BBQ Chicken Dinner Quick & Easy

4/\$5
21.6 Ounce Select Varieties
Hunt's BBQ Sauce
Without MVP Card \$1.35 Each

4/\$3
14.5-15 Ounce Select Varieties
Libby's Canned Vegetables
Without MVP Card \$6 Each

3/\$5
17-14 Ounce Select Varieties
Kraft or Velveeta Macaroni and Cheese Deluxe
Without MVP Card \$1.99 Each

2/\$5
12.5-21.4 Ounce Select Varieties
Jell-O No-Bake Cheesecake
Without MVP Card \$2.95 Each

Beverages

\$8⁹⁹
12 Pack, 12 Ounce Bottles
Yuengling Lager

\$5⁷⁹
12 Pack, 12 Ounce Cans
Keystone Light

\$12⁹⁹
12 Pack, 12 Ounce Bottles
Blue Moon

2/\$11
Save \$1.00 when you buy 4

\$6⁹⁹
1.5 Liter Select Varieties
Vendange

\$9⁹⁹
1.5 Liter Select Varieties
Redwood Creek

\$6⁴⁹
1.5 Liter Select Varieties
Pinecroft

Buy Any 6 Bottles of Wine, Get 10% Off

Beer and wine may not be available in all locations. Check your store for availability.

fresh Deli & Bakery



Canadian Maple Ham

BUY ONE LB., GET ONE LB. FREE

Without MVP Card \$5.99 Lb.

Food Lion Provolone Cheese **\$2.99** lb. Without MVP Card \$3.99



Fresh Deli Oven Roasted, Smoked, Fried or Honey Turkey Breast

Without MVP Card \$5.49

\$3.49 lb.



Select Varieties Sandwich Rolls

Without MVP Card Regular Retail

\$1.99



2/\$5
Select Varieties 4 Count Muffins or 12 Count Donuts



2/\$7
Select Varieties Food Lion Danish or Loaf Cakes



\$2.99
Assorted Cookies

Home Meal Solutions



\$6.99

Without MVP Card Regular Retail



\$3.79

Without MVP Card \$3.99



2/\$7

Pre-Pack Salads 12 Ounce Select Varieties Reser's Protein Salad Without MVP Card \$4.99 Each

Dairy & Frozen



BUY ONE, GET ONE FREE

18, 19.6 Ounce Select Varieties Pepperidge Farm Cakes Without MVP Card \$3.99 Each



2/\$5

64 Ounce Select Varieties Minute Maid Orange Juice Without MVP Card \$2.99 Each



3/\$5

8 Ounce Select Varieties Food Lion Shredded and Chunk Cheese Without MVP Card \$2.99 Each



BUY ONE, GET ONE FREE

24 Ounce Select Varieties Hungry-Man XXL Dinners Without MVP Card \$4.99 Each



2/\$5

45 Ounce Select Varieties Shedd's Spread Country Crock Without MVP Card \$2.99 Each



3/\$5

10-11.5 Ounce Select Varieties Pillsbury Toaster Strudel Without MVP Card \$2.79 Each



FREE

11.25 Ounce New York Texas Garlic Toast Without MVP Card \$3.19 Each



2/\$5

One Pint Select Varieties Starbucks or Ben & Jerry's Ice Cream Without MVP Card \$4.49 Each



2/\$4

7 Ounce Select Varieties Cool Whip Aerosol Without MVP Card \$2.59 Each



FREE

64 Ounce Select Varieties Minute Maid Ades and Punches Without MVP Card \$1.99 Each



\$4.99

12 Inch Select Varieties Freschetta Pizza Without MVP Card \$4.99



\$1.19

16 Ounce Select Varieties Food Lion Sour Cream Without MVP Card \$1.99

Health & Beauty



\$3.79

12.6-13.5 Ounce Select Varieties Pantene Shampoo or Conditioner Without MVP Card \$3.99



FREE

2.6-2.7 Ounce Select Varieties Dove or Degree Ultra Clear Deodorants Without MVP Card \$4.29 Each



2/\$6

4-6.2 Ounce Select Varieties Crest Premium Toothpaste Without MVP Card Regular Retail \$3.99 Without MVP Card \$2.99



BUY ONE, GET ONE FREE

20-24 Count Caplets, Gels or Tablets Select Varieties Excedrin Without MVP Card Regular Retail



FREE MILK

Buy 6 Gallons, Get the 7th Free!

July 22 - October 13, 2009

See Store Office for Official Rules.

Earning your free milk is now easier than ever...

- Use Your Personal MVP Card
- Earn and redeem 6 Electronic Milk Credits and receive a Coupon for a Free Gallon of Food Lion Brand Milk
- Check your cash register receipt to track your Electronic Milk Credits
- You will receive a message at the bottom of your cash register receipt that indicates when you have qualified for your free Milk Coupon
- To receive your Free Milk Coupon, present your qualifying cash register receipt to your Cashier

http://www.hotcouponworld.com

quality

Meats & Seafood



\$7.99
lb.

Value Pack, Boneless
New York
Strip Steak
Without MVP Card \$10.39



\$2.99
lb.

Boneless Beef
Chuck Roasts or
Value Pack Steaks
Without MVP Card \$4.29



\$1.79
lb.

Value Pack
Country Style
Pork Ribs
Without MVP Card \$1.99



\$2.99
lb.

Value Pack
Boneless
Stew Beef
Without MVP Card \$3.79



\$1.99
lb.

Food Lion Ground
Turkey or Frozen
Turkey Breast
Without MVP Card \$2.19



\$5.99

24 Ounce
Individually Wrapped
Regular, Italian
or Wine & Garlic
Perdue Perfect Portions
Boneless Chicken Breasts
Without MVP Card \$8.99

FREE
Limit 2 Free



16 Ounce
41-50 Count
Food Lion Peel &
Eat Cooked Shrimp
Without MVP Card \$8.99 Each



\$5.99
lb.

Fresh
Mahi Mahi or
Flounder Fillets
Without MVP Card Regular Retail



\$1.99
lb.

Sold in
3 Lb. Bag
Sea Best Tilapia Fillets
Without MVP Card Regular Retail

FREE



2.5-3 Lb. Bag
Individually Quick Frozen
Food Lion Chicken
Breast Halves or Tenders
Without MVP Card \$12.99 Each



\$3.99

24 Ounce
Butcher's Brand
73% Ground Beef Patties
Without MVP Card \$4.99



2/ **\$5**

9.5-11.7 Ounce
Select Varieties
Oscar Mayer Fun
Pack Lunchables
Without MVP Card \$7.99



\$2.29

12 Ounce
Gwaltney
Premium Sliced Bacon
Without MVP Card \$2.79



\$1.29

16 Ounce
Mild or Hot
Smart Option Pork Sausage
Without MVP Card \$15.00



\$3.99

16 Ounce
Select Varieties
Land O Frost
Premium Lunch Meats
Without MVP Card \$4.79



2/ **\$4**

16 Ounce
Ball Park
Meat Franks
Without MVP Card \$5.51 Each



2/ **\$5**

7.9 Ounce
Select Varieties
Food Lion Deli Tubz
Without MVP Card \$2.99 Each

fresh Produce



\$4.99
each

Red, Ripe, Whole
Seedless
Watermelon
Everyday Low Price



\$1.49
lb.

Red or
Black Plums
Without MVP Card \$1.99



99¢
each

Sweet, Ripe
Mangos
Without MVP Card \$1.29



\$1.49
lb.

Garden Fresh
Tender
Zucchini or
Yellow Squash
Without MVP Card \$1.89



\$2.99
lb.

Imported
Red, Yellow or
Orange Peppers
Without MVP Card \$3.99



\$1.99

8 Ounce
Snow White
Sliced
Mushrooms
Without MVP Card \$2.29



\$2.99

2 Lb. Bag
Peeled
Baby
Carrots
Without MVP Card \$3.99

We reserve the right to limit quantities and correct typographical errors. Finishes unavailable on alcohol and tobacco products.



Prices in this ad good at stores conveniently located in these cities:

Ayden, Columbia, Farmville, Greenville, LaGrange, Kinston, Plymouth, Robersonville, Snow Hill, Wallace, Windsor, Winterville, Williamston

• Coastal and Western Union Available At Many Stores
• Delivery Items May Not Be Available At All Stores
• Sale Begins Wednesday at 8 AM in 24 Hour Stores

CLMNC 23

<http://www.hotcouponworld.com>